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Breast Lift

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Northern Virginia Board Certified Breast Surgeon serving Alexandria, Arlington, Springfield, Fairfax, and Washington DC

What do gravity, aging, clothing choices, lifestyle preferences, weight fluctuations, and pregnancy all have in common? Each of these things can work alone, or in combination, to cause ptosis (sagging) of the breasts.

Dr. Desman, a board-certified Virginia plastic surgeon, commonly suggests breast lift surgery to address ptosis and produce a refreshed and firmer appearance. During your Virginia breast surgery consultation Dr. Desman will listen to your desires and examine your entire frame to help you determine if breast lift surgery will most complement and enhance your body.

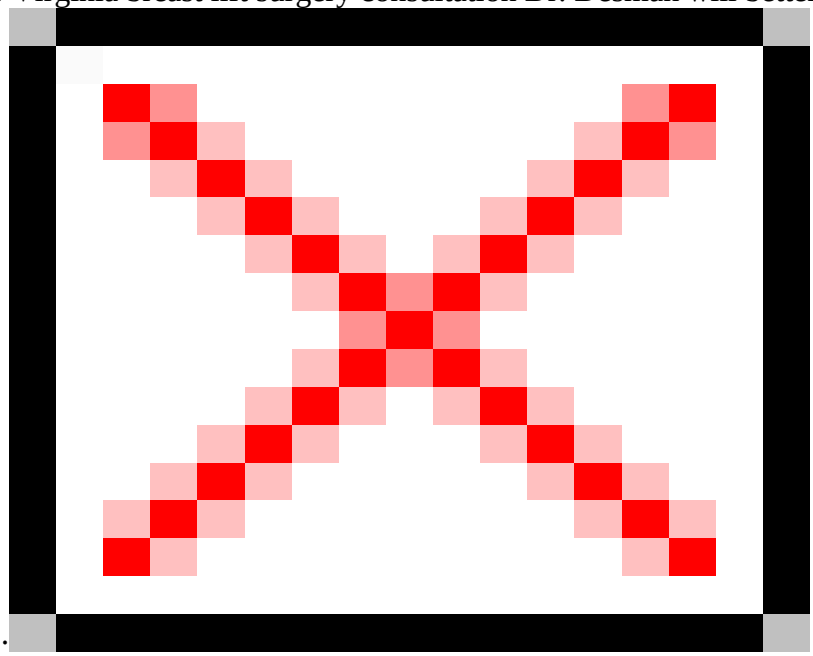
To schedule your breast lift surgery consultation with Dr. Desman, please contact the Virginia Center for Plastic Surgery or call **571-281-4341** today.

Breast Lift Incision Options

Breast lift incision options offered by our Virginia plastic surgeon include:

- Periariolar ? Made around the nipple in the dark skin of the areola, this incision is typically used for mild levels of ptosis
- Vertical ? This incision follows the areola and continues vertically to the base of the breast. It is best for mild to moderate levels of ptosis
- Anchor ? This incision is similar to the vertical, but has an additional incision that follows the crease where breast and chest meet. Anchor incisions are used for more pronounced levels of ptosis

During your Virginia breast lift surgery consultation Dr. Desman will better be able to determine which incision is best



in your case.

Breast Lift with Breast Augmentation

Many of the things that can result in sagging of the breasts can also cause a loss of volume, symmetry, and shape. Alone, breast lift surgery can eliminate ptosis and restore a perky appearance to the breasts, but this procedure is not capable of restoring volume.

If you have lost volume or are unhappy with the shape of your breasts, Dr. Desman may recommend both breast lift surgery and breast augmentation. This particular combination is often part of the mommy makeover procedure, but can also be of benefit to women who have never had children. Our Virginia plastic surgeon will help you determine if a combination of procedures would be best for your specific needs. Please visit Dr. Desman's Before and After images of the Breast Lift procedure.

To learn more about breast lift surgery, please contact our board-certified Virginia plastic surgeon today. Dr. Desman is an experienced breast surgeon serving all of Virginia including Alexandria, Arlington, and Fairfax, as well as the Washington, D.C. area.

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The Virginia Center for Plastic Surgery offers reconstructive and cosmetic **breast lift** surgery for patients in the **Washington D.C.** and **Northern Virginia** area including **Alexandria, Arlington, Fairfax, Fairfax County and Springfield, Virginia**. Nothing on this website should be construed as formal medical advice nor does this website constitute a surgeon - client relationship. If you need more information please consult our Board Certified Plastic Surgeon, Dr. Desman. He has the cosmetic surgery skills and experience you can trust for your breast augmentation, eyelid surgery, facelift, liposuction or tummy tuck.

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